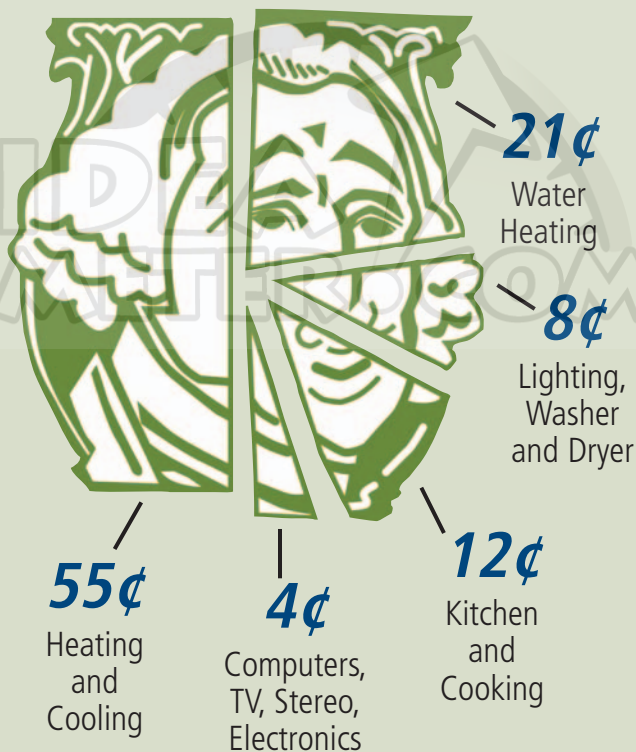


Where Does Your Energy Dollar Go?



Follow these helpful tips to save on your next utility bill.

Most people spend a little more than half of their energy dollars to heat and cool their homes. Water heating takes the next biggest bite out of your energy dollar.

Here's a breakdown of how most people spend \$1 of their utility bill, with some suggestions on how to make that spending energy efficient.

Heating and Cooling: 55¢ Set the thermostat to the highest setting at which you can be comfortable in the summer and the lowest in the winter. Some suggest 78 degrees in the summer and 68 degrees in the winter. Keep the filters of your air-conditioning unit clean.

Water Heating: 21¢ Install insulation around the tank if it is in an unheated area. Set the thermostat at 140 degrees if you have a dishwasher, 110-120 degrees if you do not.

Kitchen and Cooking: 12¢ The average kitchen has about 15 appliances, with the refrigerator, freezer and stove using the most energy. Set the refrigerator between 36 and 40 degrees, the freezer no colder than zero. Substitute smaller appliances, such as your toaster oven or microwave, for your oven whenever possible.

Lighting, Washer and Dryer: 8¢ Wash only full loads when doing laundry. Turn off lights when not in use.

Computers, TV, Stereo, Electronics: 4¢ Be sure to turn off televisions when not in use. Use sleep modes on electronics or turn them off when not in use.

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and logo here